

## **WEEK 1 MENU**

WEEKS: 03/11, 24/11, 15/12, 19/01, 09/02, 09/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT	Pork Sausage Served with Mashed Potato, Baked Beans Or Seasonal vegetable & Gravy	Mexican Spiced Chicken Taco Served with Lightly spiced Rice, Fresh Salsa & Sour Cream	Minty Crispy Topped Shepherds Pie served with Seasonal Vegetables	Roast Chicken served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Battered Fish Fillet Served with Chips, Garden Peas or Beans
MEAT FREE	Quorn Sausage Served with Mashed Potato, Baked Beans Or Seasonal vegetable & Gravy	Mexican Spiced Pepper & Bean Taco Served with Lightly spiced Rice, Fresh Salsa & Sour Cream	Minty Crispy Topped Shepherdless Pie served with Seasonal Vegetables	Cauliflower & Broccoli Cheese served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Vegan Quorn Sausage Served with Chips, Garden Peas or Baked Beans
JACKET — station —	Jacket Potato with a selection of topping Served with Fresh Salad	Jacket Potato with a selection of topping Served with Fresh Salad	Jacket Potato with a selection of topping Served with Fresh Salad	Jacket Potato with a selection of topping Served with Fresh Salad	Jacket Potato with a selection of topping Served with Fresh Salad
DELI DEAL	Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots	Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots	Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots	Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots	Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots
Desserts	Choose One of Our Fabulous Desserts Apple & Winter Berry Crumble Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Jam & Coconut Sponge Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Victoria Sponge Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One Dessert Fabulous Desserts Syrup Sponge Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Chocolate Brownie Fruit Yogurt & Coulis Fresh Fruit Pot



## **WEEK 2 MENU**

WEEKS: 10/11, 01/12, 05/01, 26/01, 23/02, 16/03

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT	Greek Style Chicken Pitta Served with Baked Cajun Wedges, Red Onion & Tomato Salad	Homemade Beef Lasagne served with Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad	Hunters Chicken Served with Sauteed Potatoes Fresh Salad or Seasonal Vegetables	Roast Pork Lion served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy	Battered Fish Fillet Served with Chips, Garden Peas or Beans
MEAT FREE	Greek Marinate Vegetable Pitta Served with Baked Cajun Wedges, Red Onion & Tomato Salad	Homemade Vegetarian Lasagne Served with Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad	BBQ Marinated Quorn Fillet Topped with Cheese Served with Sauteed Potatoes Fresh Salad or Seasonal Vegetables	Leek Wellington served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy	Vegetable Nuggets served with Chips, Garden Peas or Baked Beans
JACKET  = station =	Jacket Potato with a selection of topping Served with Fresh Salad	Jacket Potato with a selection of topping Served with Fresh Salad	Jacket Potato with a selection of topping Served with Fresh Salad	Jacket Potato with a selection of topping Served with Fresh Salad	Jacket Potato with a selection of topping Served with Fresh Salad
DELI DEAL	Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots	Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots	Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots	Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots	Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots
Desserts	Choose One of Our Fabulous Desserts Peach & Vanilla Sponge Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Jam Roly Poly Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Carrot Cake Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One Dessert Fabulous Desserts Lemon Drizzle Cake Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Toffee Crem Tart Fruit Yogurt & Coulis Fresh Fruit Pot



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN EVENT	Chicken Tikka Masala Served with Pilau Rice, Naan Bread Fingers & Cucumber Rita	Gourmet Burger Day with Toppings Served with Baked Cajun Wedges and Boston Beans	Homemade Creamy Chicken Pie Served with Mashed Potato & Seasonal Vegetables	Roast Gammon served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy	Battered Fish Fillet Served with Chips, Garden Peas or Beans
MEAT FREE	Butternut Squash & Chickpea Korma Served with Pilau Rice, Naan Bread Fingers & Cucumber Rita	Gourmet Burger Day dog with Toppings Served with Baked Cajun Wedges and Boston Beans	Cheese & Potato Pie Served with Seasonal Vegetables	Quorn Fillet served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy	Cheese & Tomato Quiche served with Chips, Garden Peas or Baked Beans
JACKET station	Jacket Potato with a selection of topping Served with Fresh Salad	Jacket Potato with a selection of topping Served with Fresh Salad	Jacket Potato with a selection of topping Served with Fresh Salad	Jacket Potato with a selection of topping Served with Fresh Salad	Jacket Potato with a selection of topping Served with Fresh Salad
DELI DEAL	Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots	Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots	Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots	Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots	Selection of Delicious Filled Breads, Healthy Salads, Poke Bowls and Pasta Pots
Desserts	Choose One of Our Fabulous Desserts Chocolate Sponge Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Mixed Berry Sponge Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Apple Sponge & Custard Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One Dessert Fabulous Desserts Banana Cake Fruit Yogurt & Coulis Fresh Fruit Pot	Choose One of Our Fabulous Desserts Jaffa Style Sponge Fruit Yogurt & Coulis Fresh Fruit Pot